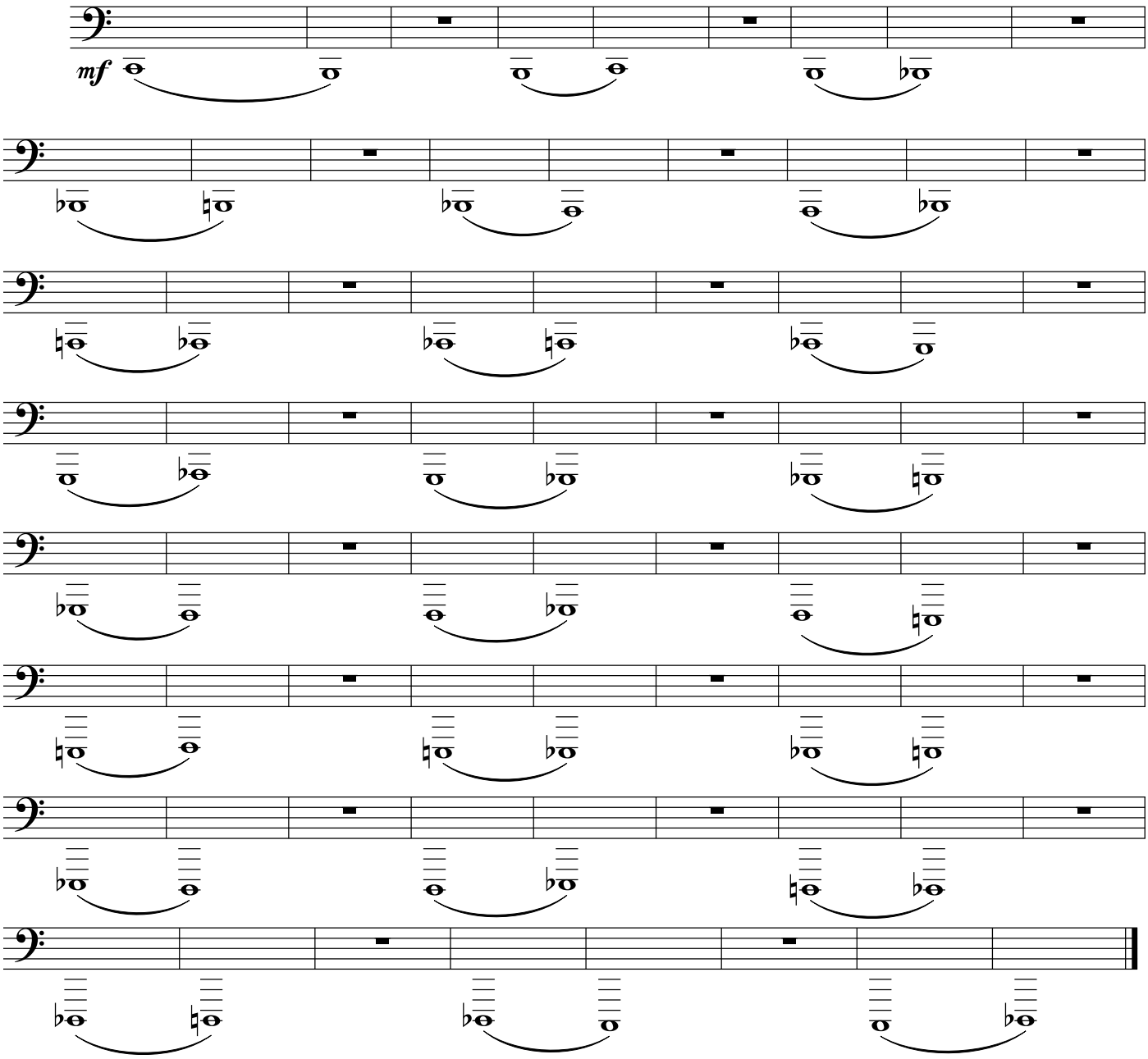
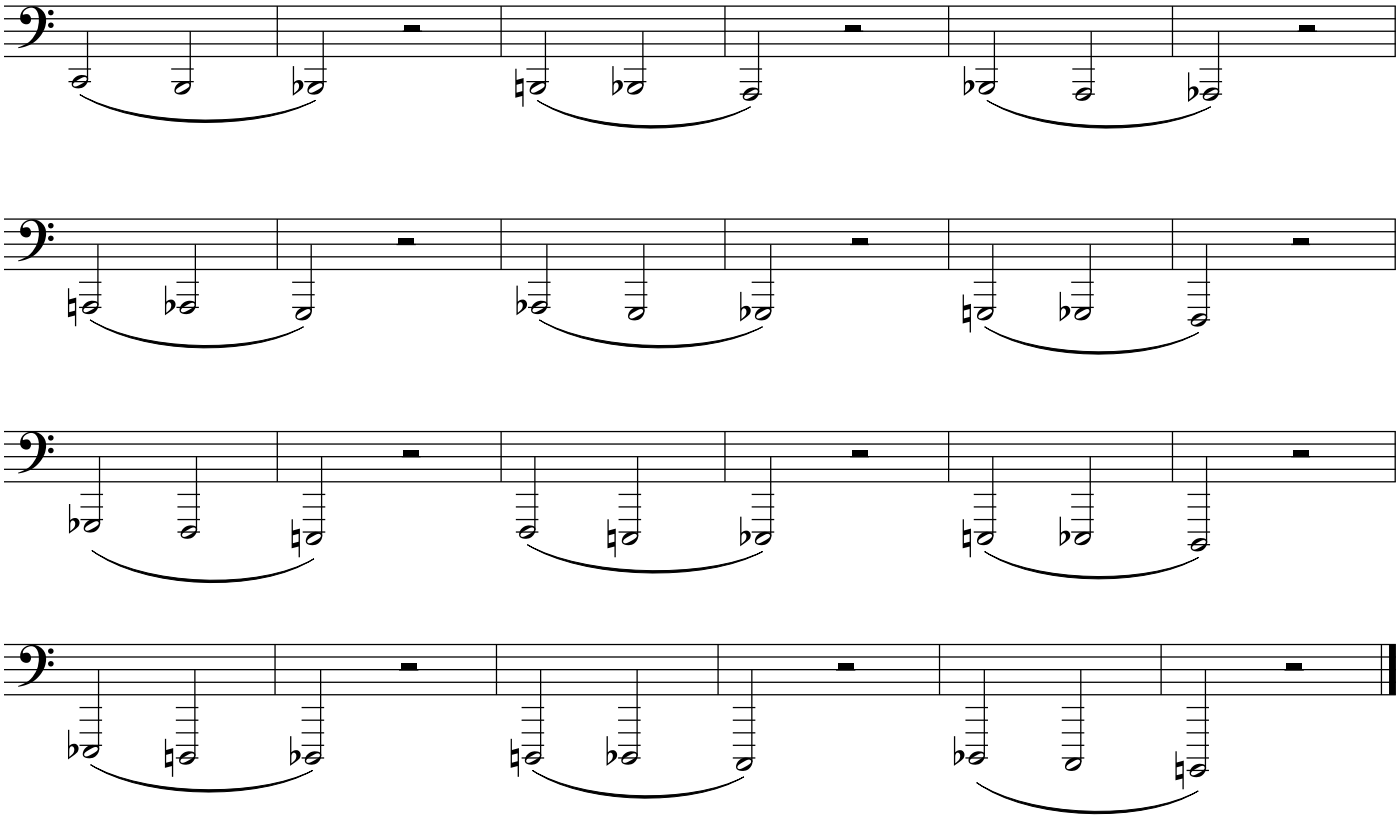
Warmup and Daily Routine for CC Tuba

Compiled by Jeff Baker (2004)

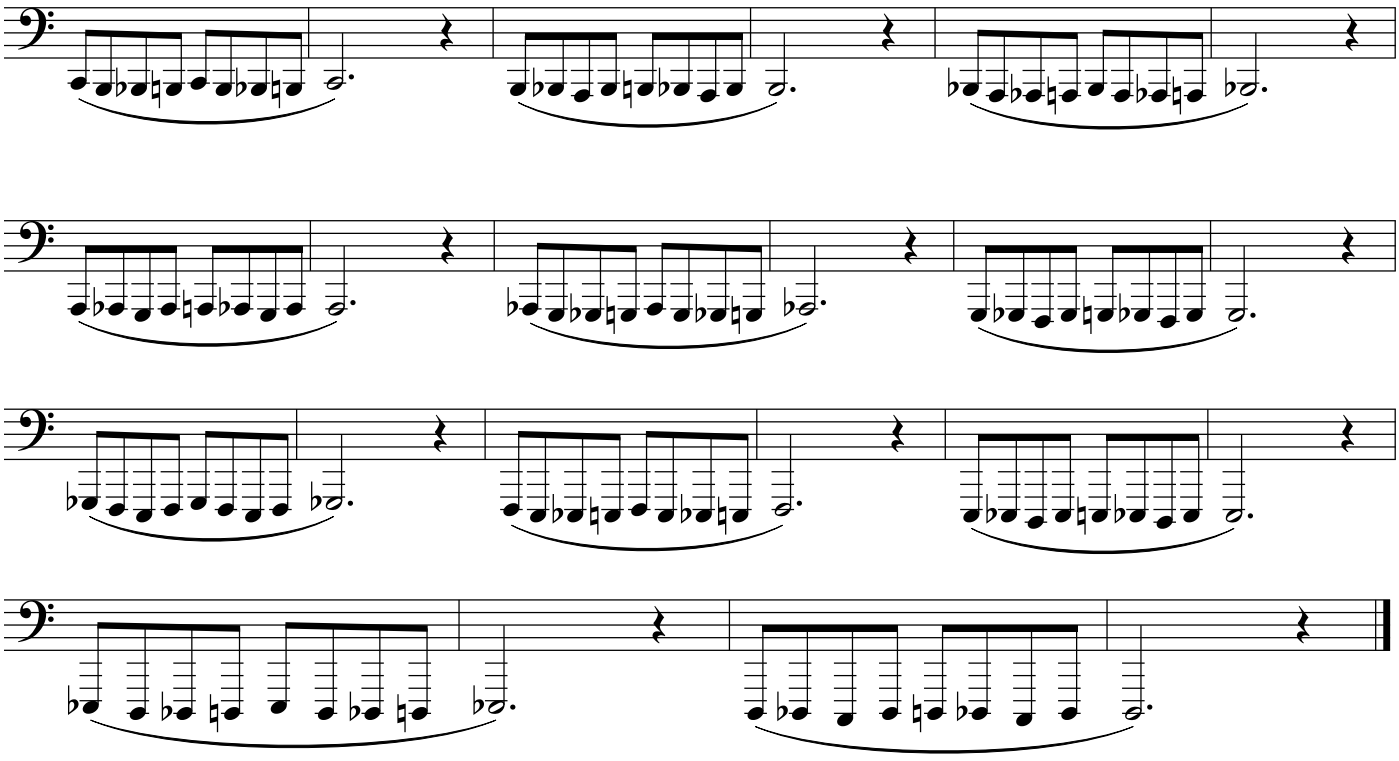
1. Relaxed, not forced ♩= 60



2. ♩= 60

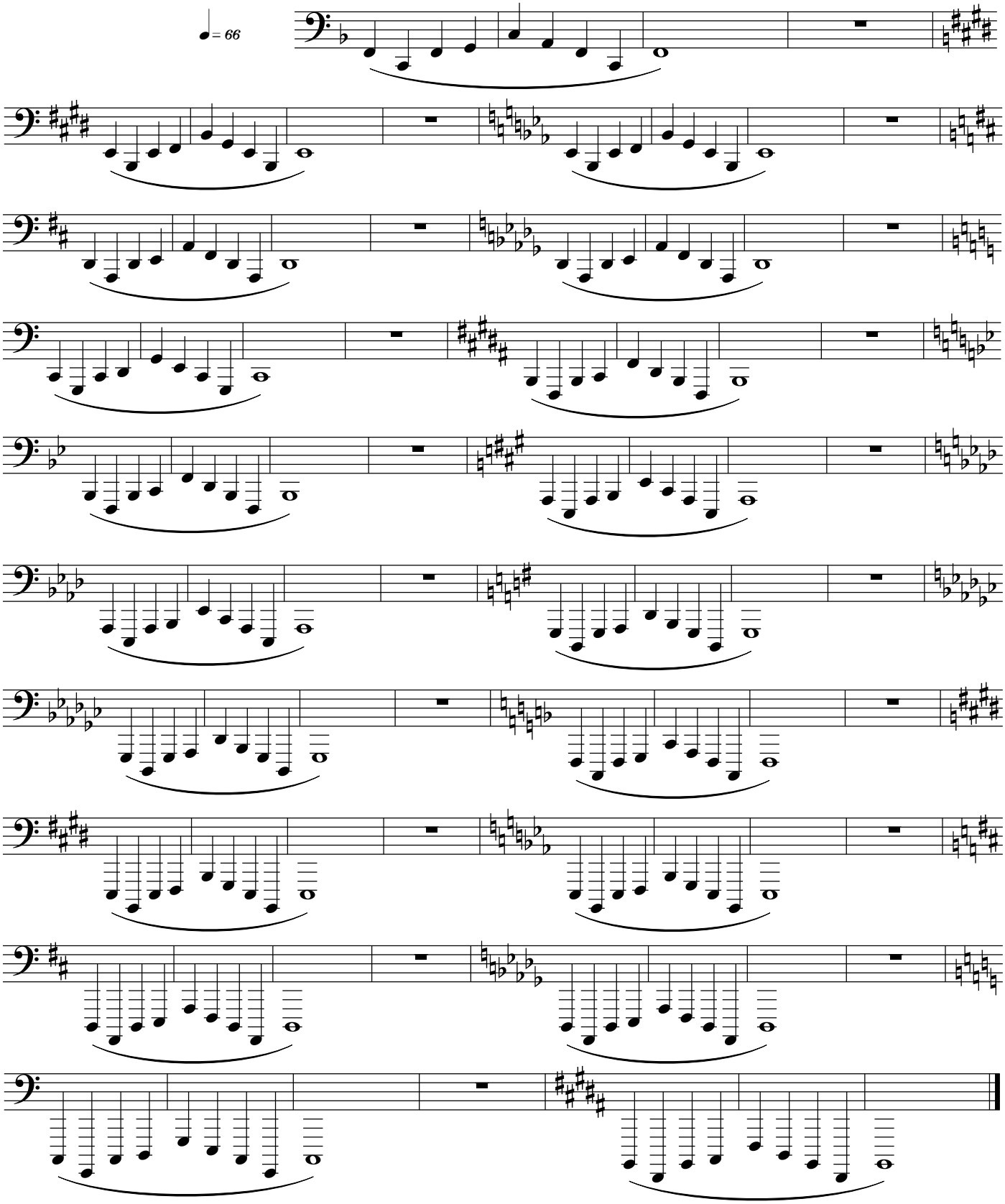


3. ♩= 72



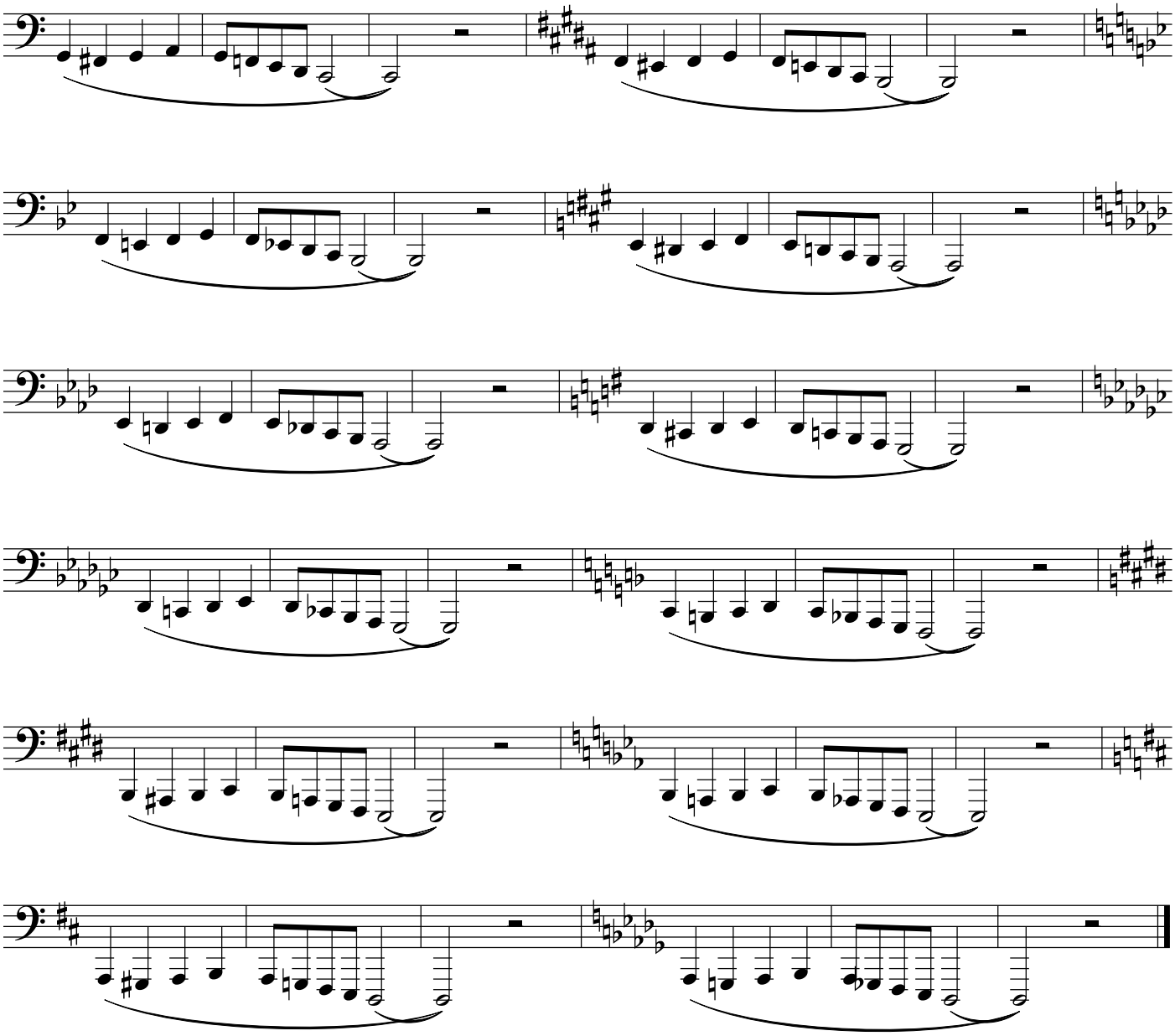
Continue as low as possible. . .

4. Smooth connections, no bumps in the sound



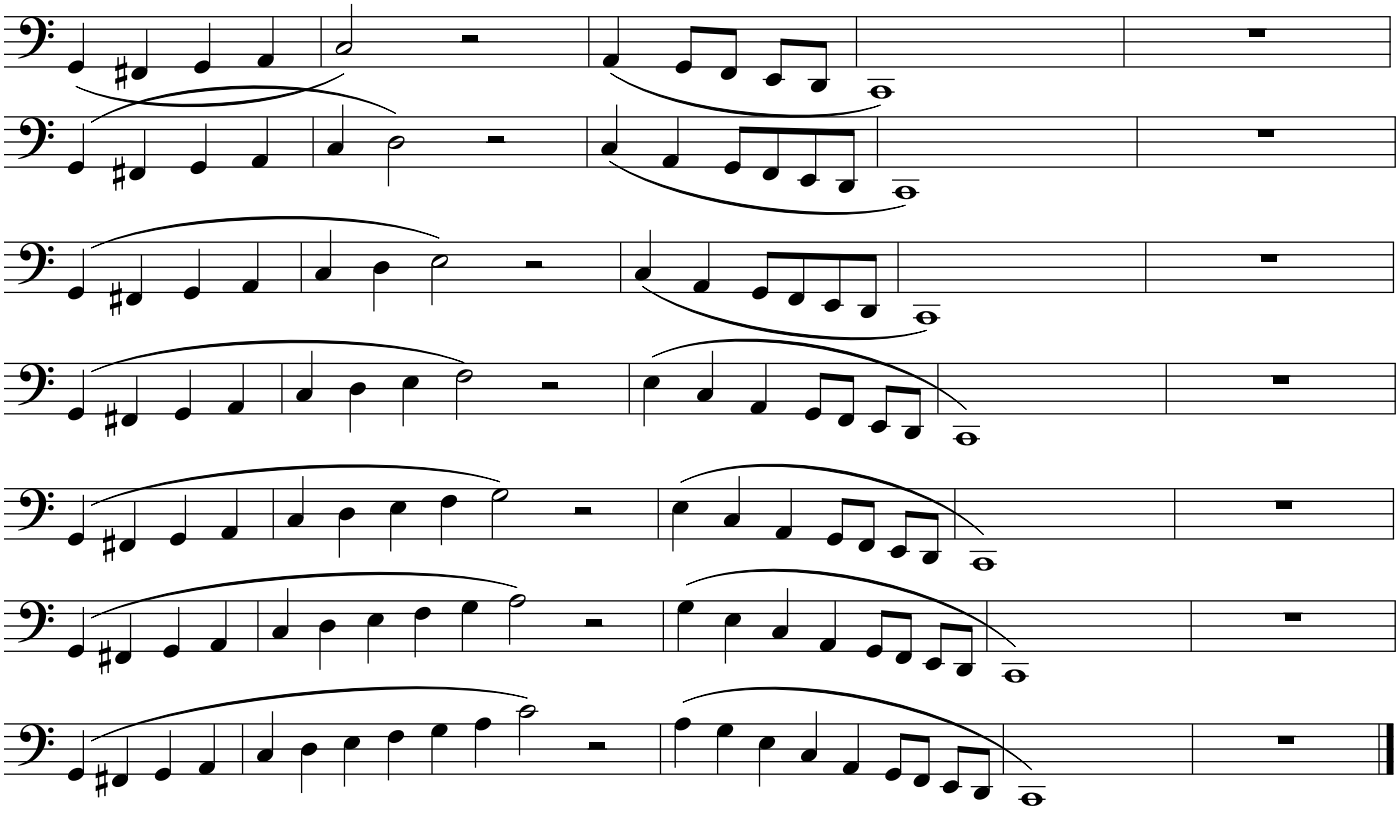
Continue as low as possible. . .

5. Cichowicz Routine ♩= 72

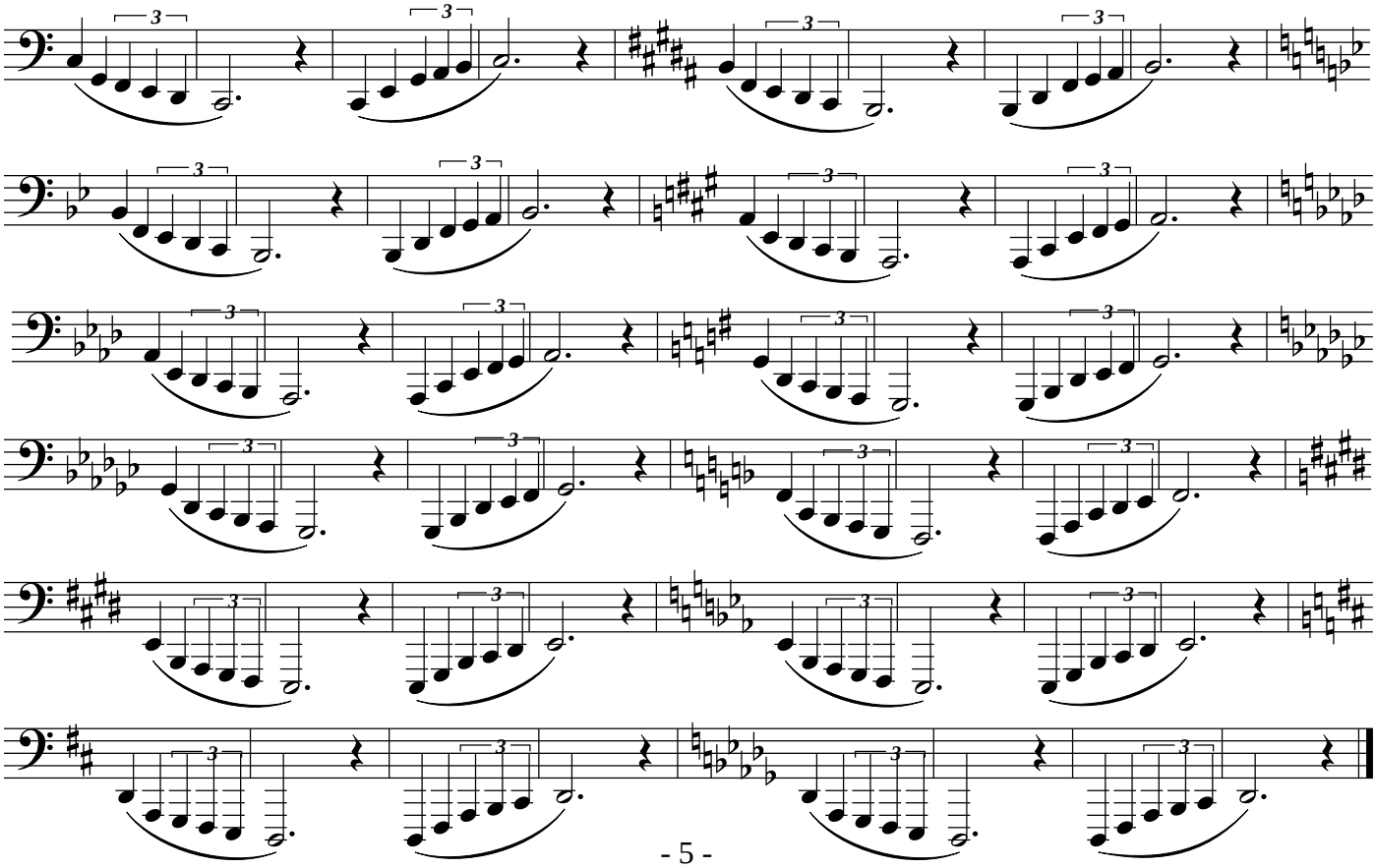


Continue as low as possible. . .

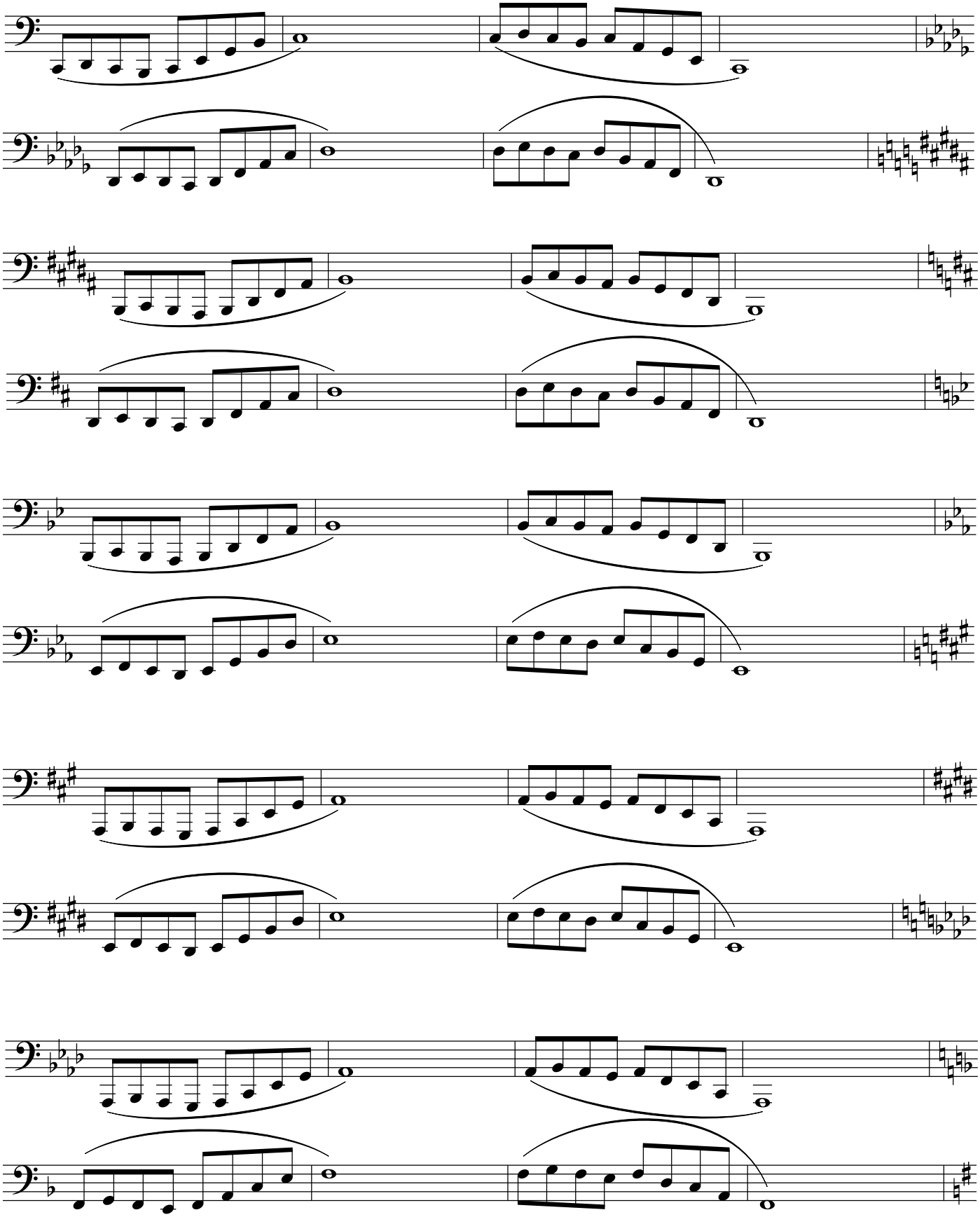
6. Also 8vb ♩= 72

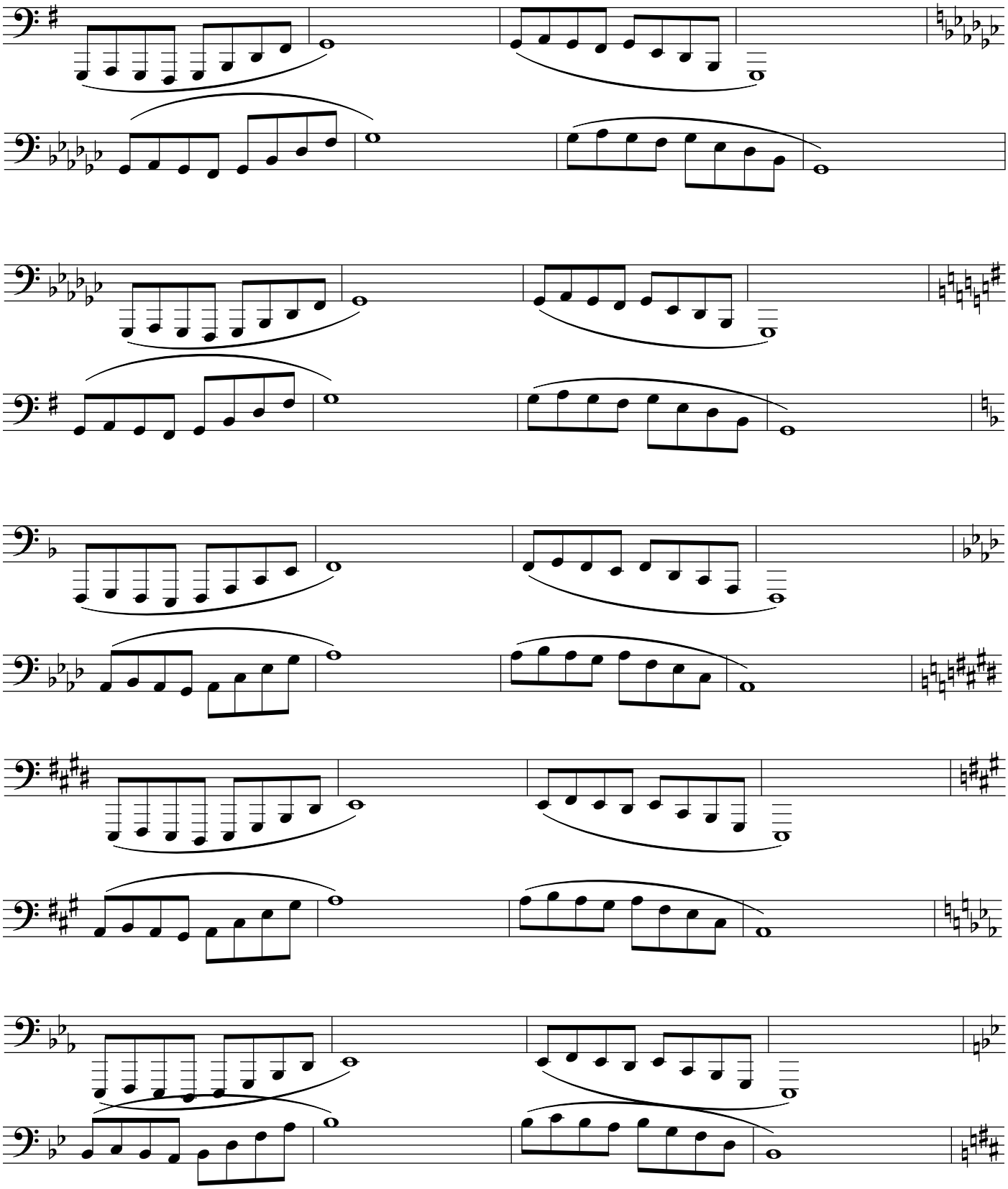


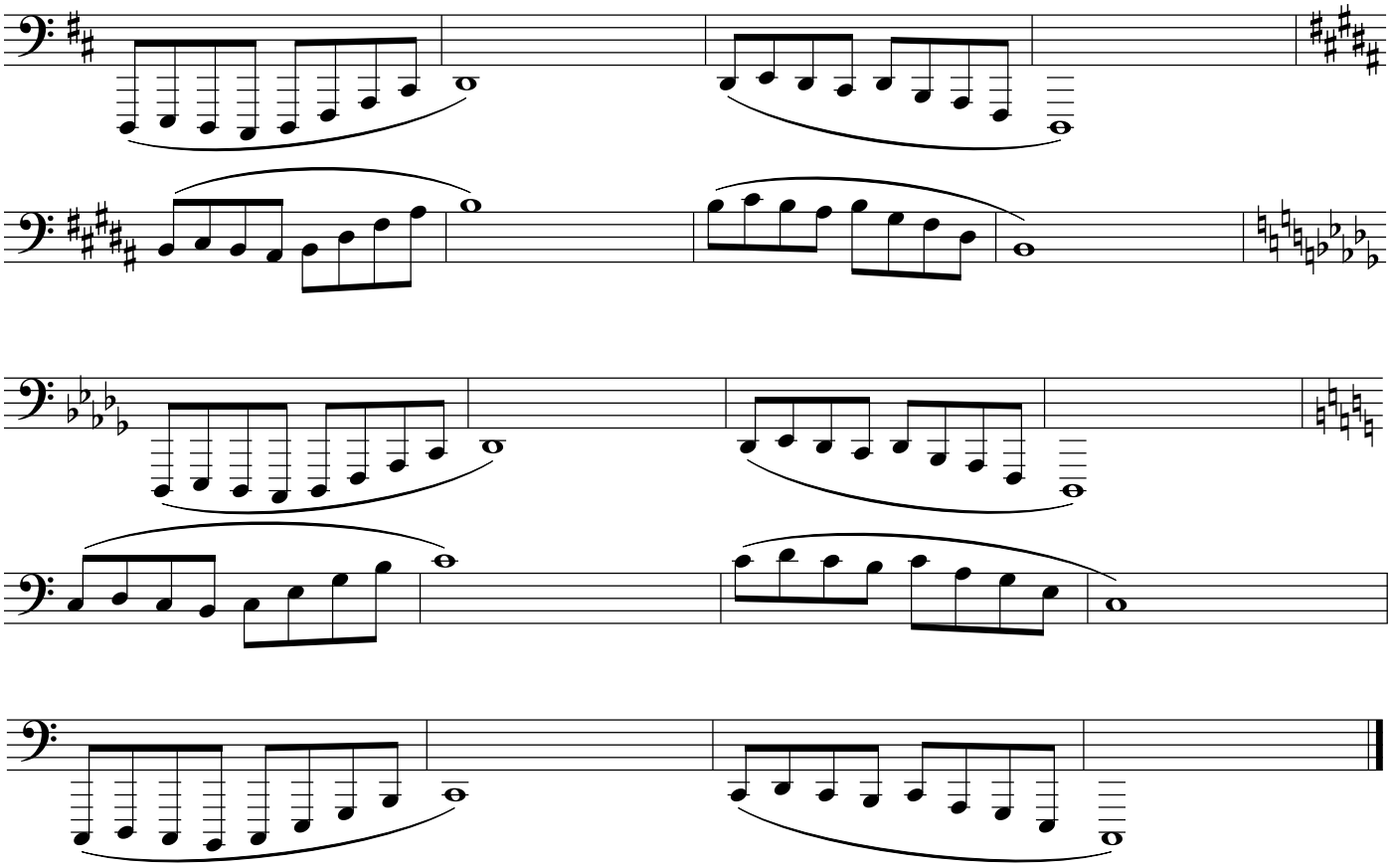
7. Bruckner Exercise ♩= 72



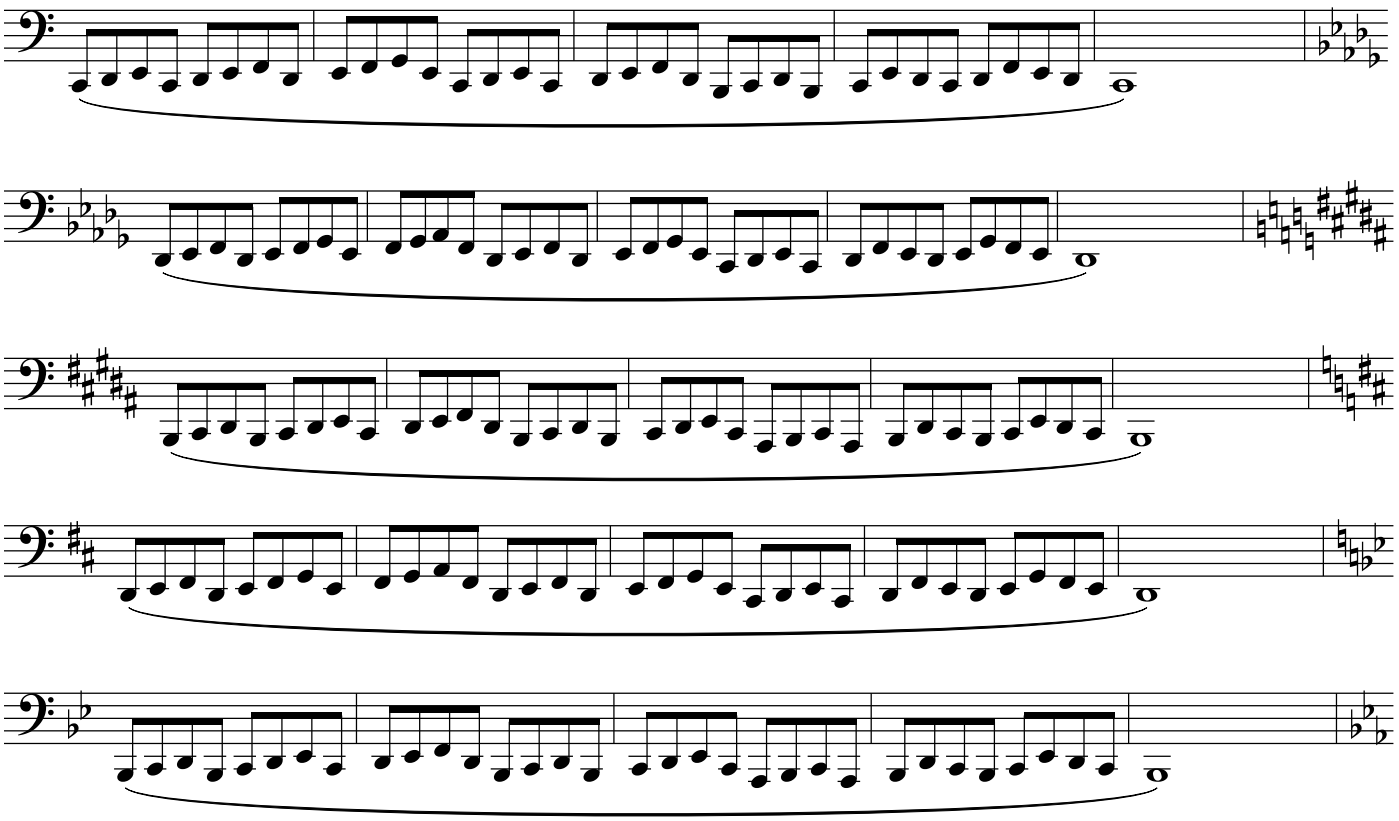
8. Beautiful Sound ♩= 72

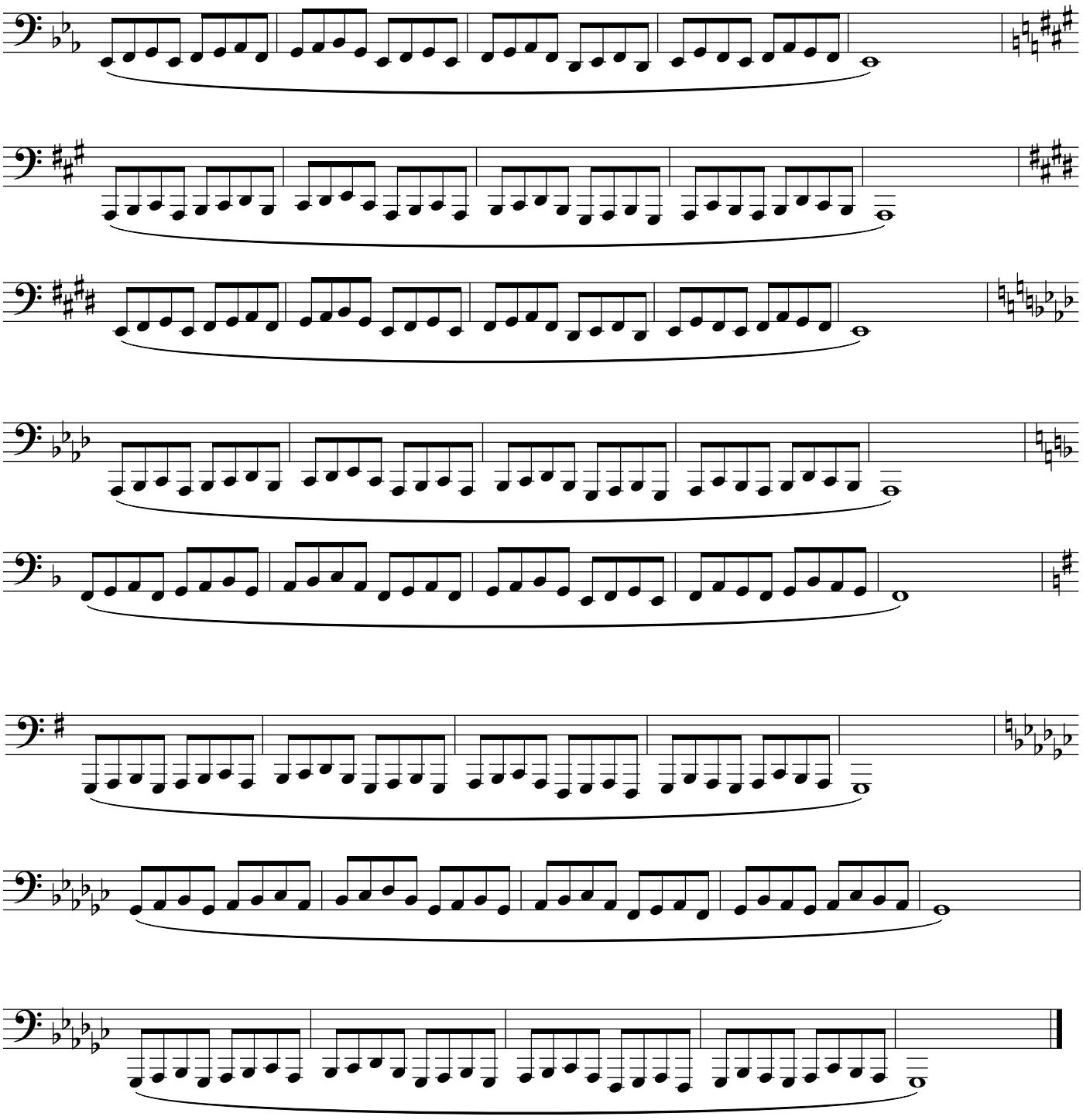




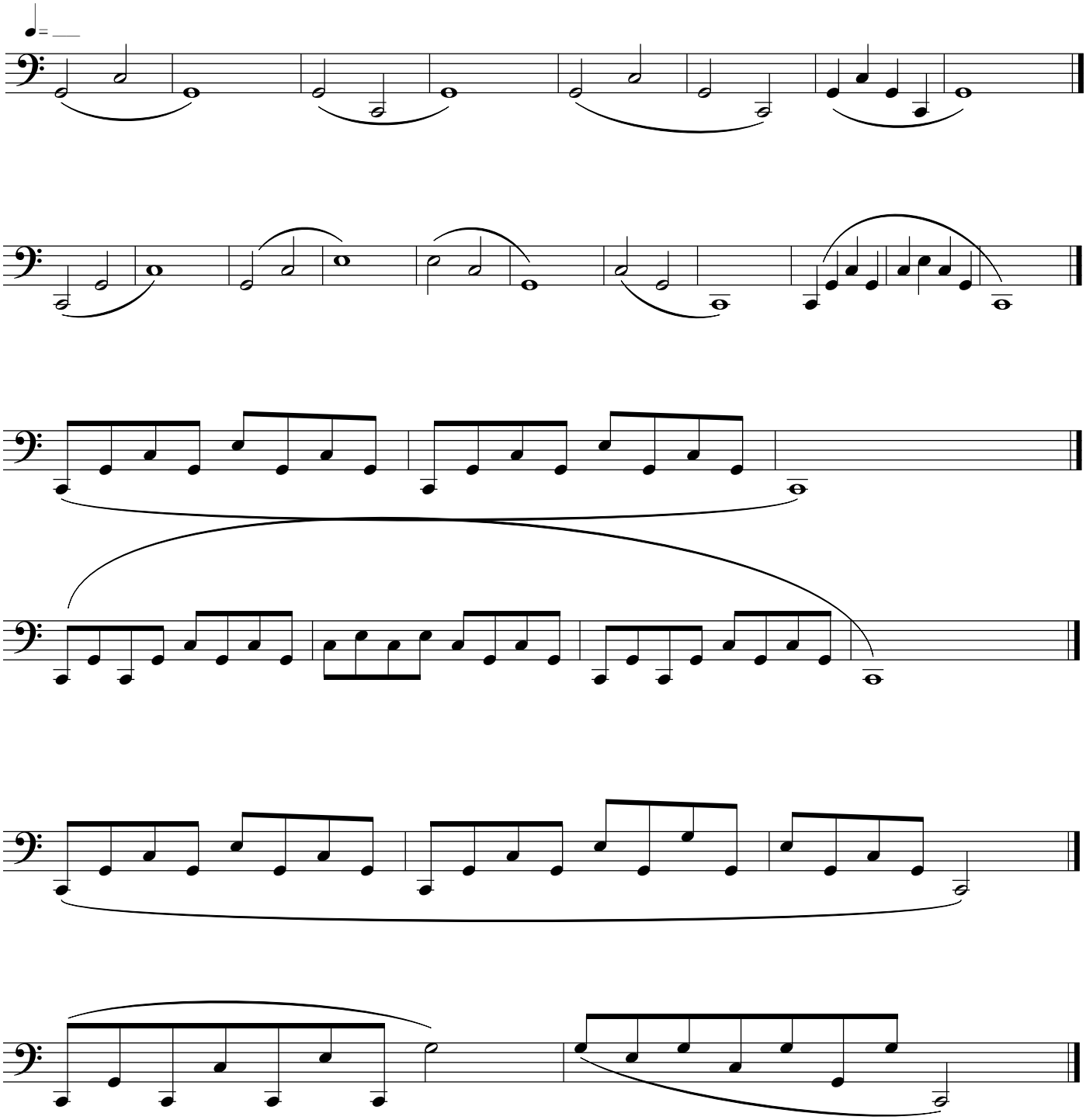


9. Finger Flexibilities ♩= ___





10. Lip Flexibilites - Play each line with as many valve combinations as possible



This warmup study comprises excerpts from Ted Cox, Don Little, and Sam Pilafian.
Flexibility studies can be found in "Lip Flexibilities" by Bai Lin.